PARENT, STAFF AND STUDENT 2014 SURVEY RESULTS
We have included our recent survey results in this newsletter. The results are very positive, showing that we have listened and acted upon 2013 responses while also providing direction and areas for development.

ASTHMA WORKSHOP
Staff participated in an Asthma workshop this week to ensure we have current information in identifying and treating asthma. We have included some information in this newsletter and an informative website if you would like further information.

OUR STATE ATHLETES
Congratulations to Reece and Linden who competed in State Athletics this week. Reece competed in the 11 year boys Discus and came a very respectable 10th (that’s in the state!).

RESPONSIBLE PET OWNERS
Next Tuesday at 11:30 am in the hall, our Kindergarten, Year One and Year Two students will enjoy a “Responsible Pet Owners” presentation. Parents are also welcome to attend this free presentation.

PUBLIC SPEAKING
Good luck to Maggie who will be representing not only Clunes Public School, but also the First North Community of Schools at the Lismore Public Speaking Competition in Lismore next Wednesday.

KINDERGARTEN ORIENTATION DAY
We are very excited to have our new 2015 Kindergarten students and parents visit our school next Thursday morning for the first Kindergarten Orientation session. While our kindergartens enjoy a fabulous morning from 9 to 11am in the classroom the parents will participate in an informative session in our library next door. Guest speakers from the P & C, Bulzomi Buslines, COOSH and Live Life Well will ensure parents are well prepared for the new year. This is also the perfect opportunity to meet other members of our Clunes School Community.

MOVIE NIGHT
Don’t forget our wonderful P & C movie night on Saturday 25th October in our hall. Muppets Most Wanted will be a fun, family movie with lots of treats to eat on sale as well. Many thanks to all our parent helpers who have worked so hard to organise a great fund-raising community night.

SCHOOL CALENDAR
We are an accredited Waste Wise Ways School

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<th>WEEK 2</th>
<th>WEEK 3</th>
<th>WEEK 4</th>
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<td>Friday 17 October</td>
<td>Tuesday 21 October</td>
<td>Monday 27 October</td>
<td>Monday 3 November</td>
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<td>• Student Assembly - 5/6</td>
<td>• Responsible Pet Owners K/1/2 classes</td>
<td>• Interrelate – Years 5 &amp; 6</td>
<td>• Kinder Orientation</td>
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<td>Wednesday 22 October</td>
<td>Wednesday 29 October</td>
<td>• Interrelate - Yr 5/6</td>
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<td>• Lismore Public Speaking Finals at City Hall</td>
<td>• Deadly Australians visit</td>
<td>• P &amp; C meeting</td>
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<td>Thursday 23 October</td>
<td>Thursday 30 October</td>
<td>Tuesday 4 November</td>
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<td>• Kinder Orientation</td>
<td>• Kinder Orientation</td>
<td>• Water Lab –Yr 5/6</td>
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<td>• Parent Information</td>
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<td>Friday 7 November</td>
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<td>• Assembly K and 3/4</td>
<td>• L3 talk for parents</td>
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Expectation for Week 3 & 4
Play it safe on the equipment
SCREEN PURCHASE
Our P & C have just purchased a large screen for our hall to enjoy regular digital displays and movies. We also received a donation raised at a private function from the Alexander family this week and this has assisted P & C in purchasing the screen. Many thanks to everyone.

NOTES
Please check that you have all the notes for the events listed below. We have planned an exciting term ahead and don’t want any of our students to miss out.

LIVE LIFE WELL FUNDING FOR EQUIPMENT
Our school recently received a $2000 grant which will be used to support and promote healthy living in our school. This grant will provide the school with resources and equipment for our vegetable gardens, help subsidize our swimming lessons and buy sporting equipment. Our Student Representative Council, will be asking their classes to create a wish list of sporting equipment they would like to purchase to ensure all our students are engaging in fun, active play in our playground.

Michelle Slee
Relieving Principal

Student assembly
Our first assembly for Term 4 will be on tomorrow, Friday 17 October at 2.15pm in the school hall. The 5/6 class performing an item. All families are welcome to attend.

Volunteers Needed for Swimming Program
With the whole school participating in the Intensive Swimming Program in November, we are looking for parents to assist with swim classes at the Alstonville Pool. We will require at least 3 parents each day. The program runs from Monday 17th to Friday 28th November and the classes start at 10.30 and finish at 11.15. If you are able to assist, could you please contact the office with dates that you are available? If it helps, you can travel on the bus to and from Alstonville Pool at no charge.

Parent Online Payments
It is good to see families starting to use the Parent Online Payment Option – I’m sure it makes life a little easier being able to pay when you want and without the concern of sending cash to school or having to drop in to pay. **Please remember** that if you do use this option, you still need to send in the permission notes back to school. Simply include the payment receipt on the note to indicate that you have already paid.

Notes Due
- Minding Me Program (Y5)          Friday 24 October
- Moving into Teen Program (Y6)    Friday 24 October
- Deadly Australians (K-6)         Friday 24 October
- Water Lab (Y5/6)                 Friday 31 October
- Intensive Swimming (K-6)         Wed. 12 November

Upcoming events for Term 4*
- Remembrance Day Ceremony - 11/11
- Intensive Swimming Program K-6 - 17/11 to 28/11
- Concert - 11/12
- Presentation Assembly - 12/12
- Year 6 Dinner - 15/12
- School disco - 15/12
- End of Year Fun Day K-6 - 16/12

* dates are correct at the time of publishing

Cool Lunchboxes
Glorious summer has arrived and cool fruits and light salads have arrived on our menus. These will be much appreciated by children who might be tired of sandwiches (though these, too, can be jazzed up with different lettuces, sliced cooked sweet potato, grilled eggplant and zucchini etc).

Some ideas:
- If you’re making salad for dinner make enough extra for the lunchbox the next day (keep dressing separate if it will make things soggy or leak), you can even pack it in a container and have it ready in the fridge
- Use leftover pasta, rice, baked pumpkin or sweet potato, or canned bean mix as the basis of a yummy summer salad. Cold cooked cauli-fower, peas, beans, broccoli are good additions to a cold salad.
- Bring your child shopping with you and ask them to pick the veges they’d like in their lunchbox or on their sandwiches.
- Keep it all cool with an ice brick or frozen water bottle.

P & C Update
- Movie night is on Saturday 25th October. The movie the children have chosen is **Muppets Most Wanted**. Tickets are now available from the front office. Single ticket $5 or Family ticket $15
- Our current stock of white and blue t-shirts is at half price. A sample of our new t-shirt is available for viewing in the office.

COOSH News
COOSH is in the preparation stage for our big fundraiser... actually **HUGE** fundraiser. As was mentioned in an earlier newsletter; on the 22nd November the COOSH kids, families and any interested community members will bring all of their preloved treasure, produce and handicrafts to sell. For only $10 you can get rid of a suitcase worth of stuff, contribute to a great cause and make a tidy profit. There will also be a cake stall so
there is something for everyone, whether they are there to sell, buy, eat or do all of the above! If you have any questions about how you might be involved please give Kylie or Hannah a call on 66291750.

Meanwhile the normal awesomeness is occurring at COOSH in the afternoons. This week’s fun has revolved around polymer clay and water play. So watch yourself if you happen to be passing near the playground after school because no one stands a chance at remaining dry!

The COOSH Team

Tips from the Asthma Foundation to survive Spring

- See your doctor to make sure your asthma is well-controlled
- Stay indoors during peak pollen season or on windy or stormy days
- Avoid activities that increase exposure to pollens e.g. outside whilst mowing grass
- Shower after outdoor activities to remove pollens
- Use recirculated air in the car if possible
- Check the plants in your garden – see the Gardens section at http://www.asthmaaustralia.org.au/Asthma_Friendly_gardens.aspx
Some of the wonderful art work from around the classrooms.